

**R180 : 180 – 219 ans**

**R260 : 260 et plus**

La catégorie d'un relais comportant des jeunes et des masters est la catégorie senior.

L'ordre de styles d'un relai surface-bipalmes (SB) est obligatoirement : bipalmes-bipalmes-surface-surface.

### Chronologie des Records HGB en relais

|        | Relais DAMES |                 |    |            |                 |    |       |  |  |      |  |
|--------|--------------|-----------------|----|------------|-----------------|----|-------|--|--|------|--|
| Senior | 4X50 BI      | Senior          |    | 4X100 BI   | Senior          |    | 4X200 |  |  | 6X50 |  |
|        | 02 12 08     | PASQUET Léa     | 25 | 05 08 25   | DEMASY Laurence | 55 |       |  |  |      |  |
|        | 24/11/2019   | DEMASY Laurence | 54 | 18/11/2018 | CARON Monique   | 53 |       |  |  |      |  |
|        | Beauvais     | PEPOZ Esther    | 23 | Beauvais   | AZAMBRE Audrey  | 43 |       |  |  |      |  |
|        |              | ROLAND Louise   | 17 |            | ROLAND Louise   | 16 |       |  |  |      |  |

|                                 |            |                  |     |       |      |   |       |      |  |      |  |
|---------------------------------|------------|------------------|-----|-------|------|---|-------|------|--|------|--|
| Master<br>R180<br>180 – 219 ans | 4X50 bi    | R180             | 202 | 4X100 | R180 | 0 | 4X200 | R180 |  | 6X50 |  |
|                                 | 02 29 20   | CADOCH Nathalie  | 59  |       |      |   |       |      |  |      |  |
|                                 | 05/02/2023 | DEMASY Laurence  | 58  |       |      |   |       |      |  |      |  |
|                                 | Beauvais   | SEILER Sabine    | 47  |       |      |   |       |      |  |      |  |
|                                 |            | DUFRESNE Aurelie | 38  |       |      |   |       |      |  |      |  |

| Relais HOMMES |            |                   |    |            |                   |    |       |  |  |      |  |
|---------------|------------|-------------------|----|------------|-------------------|----|-------|--|--|------|--|
| Senior        | 4X50 BI    | Senior            |    | 4X100 BI   | Senior            |    | 4X200 |  |  | 6X50 |  |
|               | 01 50 46   | Thomas DEMASY     | 26 | 04 30 48   | ZMUDA Pierre      |    |       |  |  |      |  |
|               | 24/11/2019 | Fabien RENAULT    | 40 | 18/11/2018 | POULET Joël       |    |       |  |  |      |  |
|               | Beauvais   | Clément DEMASY    | 24 | Beauvais   | DELAPORTE Romuald |    |       |  |  |      |  |
|               |            | DELAPORTE Romuald | 37 |            | DEMASY Thomas     |    |       |  |  |      |  |
|               |            |                   |    | 04 27 24   | DEMASY Thomas     |    |       |  |  |      |  |
|               |            |                   |    | 20/03/2022 | ZMUDA Pierre      |    |       |  |  |      |  |
|               |            |                   |    | Beauvais   | POULET Joël       |    |       |  |  |      |  |
|               |            |                   |    |            | DELAPORTE Romuald |    |       |  |  |      |  |
|               |            |                   |    | 04 19 28   | Fabien RENAULT    | 45 |       |  |  |      |  |
|               |            |                   |    | 24/03/2024 | Thomas DEMASY     | 31 |       |  |  |      |  |
|               |            |                   |    | Beauvais   | Etienne DONNADIEU | 18 |       |  |  |      |  |
|               |            |                   |    |            | Laurent FOUQUET   | 62 |       |  |  |      |  |

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|                                 |            |                   |    |            |                   |       |  |      |  |
|---------------------------------|------------|-------------------|----|------------|-------------------|-------|--|------|--|
| Master<br>R180<br>180 – 219 ans | 4X50 BI    |                   |    | 4X100 BI   | 201               | 4X200 |  | 6X50 |  |
|                                 | 02 10 78   | POULET Joël       | 50 | 04 52 79   | LE BOURG Loïc     | 48    |  |      |  |
|                                 | 24/11/2019 | ORILLARD Pascal   | 54 | 24/03/2024 | ZMUDA Pierre      | 57    |  |      |  |
|                                 | Beauvais   | DESCAMPS Aurélien | 37 |            | POULET Joel       | 55    |  |      |  |
|                                 | R180 184   | LE BOURG Loïc     | 43 |            | MARCEL Christophe | 41    |  |      |  |
|                                 | 02 08 30   | POULET Joel       | 54 |            |                   |       |  |      |  |
|                                 | 05/02/2023 | FOUQUET Laurent   | 61 |            |                   |       |  |      |  |
|                                 | Beauvais   | DENIS Sebastien   | 38 |            |                   |       |  |      |  |
|                                 | R180 210   | HADRI Camel       | 57 |            |                   |       |  |      |  |

|                                 |            |                   |     |          |  |  |       |  |  |      |  |
|---------------------------------|------------|-------------------|-----|----------|--|--|-------|--|--|------|--|
| Master<br>R220<br>220 – 259 ans | 4X50 BI    |                   | 236 | 4X100 BI |  |  | 4X200 |  |  | 6X50 |  |
|                                 | 02 24 61   | DJEBBARI Chabane  | 59  |          |  |  |       |  |  |      |  |
|                                 | 24/11/2019 | KEMMAT Marc       | 59  |          |  |  |       |  |  |      |  |
|                                 | Beauvais   | CALLE Jean-Michel | 54  |          |  |  |       |  |  |      |  |
|                                 |            | DEMASY Philippe   | 64  |          |  |  |       |  |  |      |  |

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